

## Why is this service important?

Cardiovascular disease (CVD) is one of the leading causes of premature death in England and affects approx. 7 million people. Hypertension is the biggest risk factor for CVD and approximately 5.5 million people across the country have undiagnosed hypertension. This is a national service which has been commissioned by NHS England.

## What is the service?

The Service has two stages (both must be completed by either the Pharmacist or Pharmacy Technician in the Community Pharmacy).

- The first is identifying people at risk of hypertension and offering them blood pressure measurement – a '**Clinic Check**'.
- The second stage, where clinically indicated, is offering a 7-hour (14 readings) '**Ambulatory Blood Pressure Monitoring**' (ABPM). The results will then be shared with the patient's GP to inform a potential diagnosis of hypertension.

## How to refer patients for the service?

### Identify

- Practices can **refer any patients for:**
  - Clinic Check
  - ABPM
- There are no specific requirements for GP referral.
- Verbal patient consent must be obtained prior to the referral being sent



### Refer

- All referrals must be electronic
- Referrals must be sent through '**LOCAL SERVICES**' button
- Select which service you want to refer for:
  - BP Clinic check
  - Ambulatory BP check



Pharmacy BP clinic check

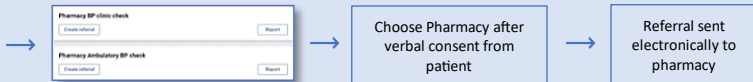
Pharmacy Ambulatory BP check

Choose Pharmacy after verbal consent from patient

### Results

- GP notification will be sent automatically via PharmOutcomes (Practice will be informed if the patient needs to be seen on the same day or within three weeks if necessary)
- The system automatically codes the referral back into the patient record using the SNOMED code
- If a patient is required to be seenurgently, the pharmacy will contact the practice by the bypass number.  
(Please share your bypass number with your local pharmacies – To be used only in emergency)

Referral sent electronically to pharmacy



## Patient consent & Patient choice

Prior to referral, verbal consent must be obtained by asking the patient which pharmacy they would like the referral to be sent to. This is implied consent which allows for patient choice under GDPR.

## Who can I contact if I have any questions?

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