

## What is the service?

The Hypertension Case Finding Service is a national advanced service commissioned by NHS England. The Service has two stages (both must be completed by either Pharmacist or Pharmacy Technician).

- The first stage is identifying people at risk of hypertension and offering them blood pressure measurement – a ‘**Clinic Check**’.
- The second stage, where clinically indicated, is offering a 7-hour (14 readings) ‘**Ambulatory Blood Pressure Monitoring**’ (ABPM).

The results will then be shared with the patient’s GP to inform a potential diagnosis of hypertension.

## Why is this service important?

Cardiovascular disease (CVD) is one of the leading causes of premature death in England and affects approx. 7 million people. Hypertension is the biggest risk factor for CVD and approximately 5.5 million people across the country have undiagnosed hypertension.

## How to action Hypertension Service?

### Pharmacist / Pharmacy Technician completes BP ‘Clinic Check’

- Patient identified either via:
  - \* GP Referral (via NHS Mail)
  - \* Opportunistic
- Complete BP check
- Complete the form on PharmOutcomes

**If the patient does not require ABPM, the service is now complete.**

### Patient requires ABPM

- Set up ABPM machine
- Fit the ABPM monitor to the patient and explain the process
- Ask the patient to return after 7 hours to review results and return ABPM machine
- Download results
- Login into PharmOutcomes and select the patient record. Complete the remainder of the form including an upload of the PDF from the ABPM

### What happens next?

- PharmOutcomes will send a GP notification automatically (for all entries)
- Patient should be advised the GP may be in touch once the results have been reviewed
 

(If a same-day referral is required as per the service specification, you should ensure you have contacted the practice to inform them. Use [NHS Finder](#) to access the by-pass number for the practice.)
- At the end of the month, MYS should be completed for all consultations (both for Clinic Check and ABPM)

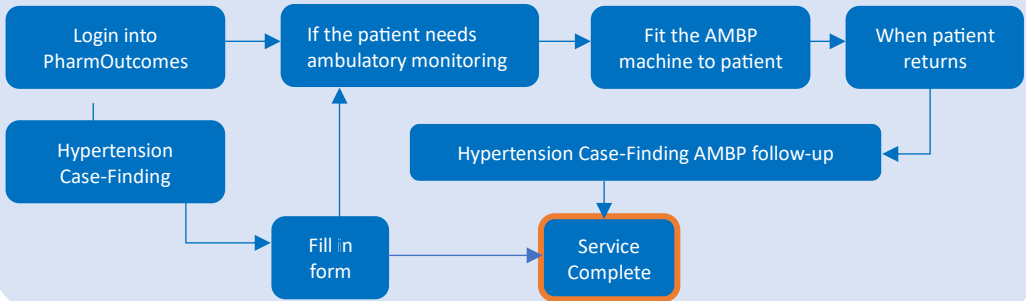
## What if I cannot contact the patient or patient does not turn up for the appointment?

Attempt to contact the patient THREE times. If you are unable to contact them after three separate attempts, then you should e-mail the surgery to make them aware. Please state in the email ‘**Uncontactable after 3 attempts**’.

If the patient does not attend the appointment or walk-in within the timeframe agreed, contact them to reschedule. If they fail to attend the rescheduled appointment, please email the surgery to make them aware: ‘**Failed to attend following contact with the pharmacy**’.

## How to action opportunistic identified patients?

Both stages of the service should be recorded on PharmOutcomes.

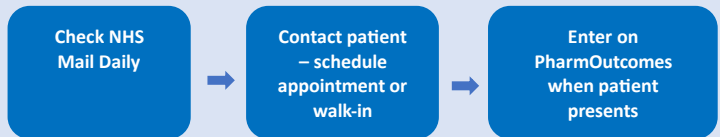


## How to action a referral from GPs?

Both stages of the service should be recorded on PharmOutcomes. It is vital that the NHS shared mailbox is checked **DAILY**.

Surgery can refer patient for a:

- Clinic Check
- ABPM



Referrals will be sent via NHS Mail (only for general practices that use SystmOne):

1. Check your NHS Shared mailbox (Pharmacy.Fxxxx@nhs.net – Fxxxx denotes your Fcode)
2. Call the patient and ask them to come into your pharmacy (make an appointment or walk-in within a timeframe)
3. When the patient makes contact – complete referral on PharmOutcomes – Clinic Check or ABPM

The results will then be shared with the practice automatically.

## Resources

CPE Website – Hypertension Service: <https://cpe.org.uk/national-pharmacy-services/advanced-services/hypertension-case-finding-service/>

Service Specification: <https://www.england.nhs.uk/publication/advanced-service-specification-nhs-community-pharmacy-hypertension-case-finding-advanced-service/>

NHS Finder: <https://digital.nhs.uk/services/nhs-service-finder>

## Who can I contact if I have any questions?

CP NEL – Pharmacy Services Manager (CPCS and Hypertension) – [abi@cpnel.org](mailto:abi@cpnel.org) | 07925 521378